



SEL:
Elementary and
Secondary


GATE DAC Presentation
February 2023

CVUSD LCAP Metrics

Tier 1: Social Emotional Learning for All Students

Metric: Total time all students access SEL lessons by end of school year; survey results from all students on their understanding of SEL strategies and use of the strategies

Desired Outcome for 2021-2022: Minimum of 15 minutes/week of SEL lessons for Elementary and Middle School students. Minimum of 10 minutes/week of SEL lessons for High School students.

 **Desired Outcome for 2022-2023:** Minimum of 35 minutes/week of SEL lessons for Elementary and Middle School students. Minimum of 30 minutes/week of SEL lessons for High School students.


Desired Outcome for 2023-2024: District-wide implementation of MTSS Tier 1, which includes consistent SEL teaching, modeling and reinforcement. Also, Elementary and MS school students participate in 60 minutes/week of SEL lessons; HS students participate in 45 minutes/week of SEL lessons. All students can easily identify 5 skills/strategies to support them in peer relations, coping and self-advocacy; students demonstrate use of these skills

CVUSD LCAP Metrics

Tier 2 - Social Emotional Learning Intervention for Some Students

Metric: Some students access targeted SEL lessons via individual and/or small group intervention and demonstrate learned skills in the school setting.

Desired Outcome for 2021-2022: Minimum of 10% of school's students access targeted intervention as part of Tier 2 via creating small group and individual lessons and schedules that are ongoing. Percent of population will not be a "cap" if student need is higher.

 **Desired Outcome for 2022-2023:** Minimum of 20% of school's students access targeted intervention as part of Tier 2 via creating small group and individual lessons and schedules that are ongoing. Percent of population will not be a "cap" if student need is higher.

Desired Outcome for 2023-2024: Increase access to general education targeted intervention as part of Tier 2 via creating small group and individual lessons and schedules that are ongoing - increase access to 30% of population (percent of population will not be a "cap" if student need is higher). All CVUSD students who express a social-emotional need report they are able to access their school counselor for meaningful support.

Tier 1 and Tier 2

Tier 1

An intervention provided to everyone

- **All students**
- **Counselor lessons**
- **SEL lessons**
- **Classroom lessons**
- **Classroom modeling**

Tier 2

More targeted intervention for students who would benefit from further support

- **Small groups**
- **1:1 counseling**

View 2nd Edition

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Katie

School Counselor



Dashboard Getting Started > Curriculum > Program Resources > Training & Advanced Education > About Us > Help >

Getting Started



PROGRAM OVERVIEW



WELCOME LETTER



PLANNING GUIDE(S)

Everyday Practices Quick Links

- ▶ INTRODUCTION
- 📌 HARMONY GOALS
- 🔄 MEET UP
- 👥 BUDDY UP
- 📄 QUICK CONNECTION CARDS



Harmony SEL Training Opportunities



SEL Units

Grade Level >

Pre-K

Building Community - The First Ten Days of Harmony SEL

This 10-Day pre-unit provides community building activities designed to support harmonious peer relationships. Students learn to engage in Harmony's Everyday Practices of Meet-Up, Buddy-Up, and Harmony Goals (class and personal).



Unit 1 Being My Best Self

Students learn about who they are and their interests. They learn to connect emotions, thoughts, and feelings, regulate their emotions, engage in helpful and optimistic self-talk, and develop a growth mindset.



Unit 2 Valuing Each Other

Students learn to recognize and appreciate each others' emotions, perspectives and contributions while reflecting on the value of different lived experiences. They learn to support each other in helpful ways.



Unit 3 Communicating With Each Other

Students learn and practice the range of social skills related to communication, including non-verbal behaviors, conversation skills, and listening and responding.



Unit 4 Learning From Each Other

Students learn the value of learning from each other. They learn constructive ways to approach and resolve conflict, and to make amends for mistakes to facilitate healthy relationships.



OFFER A QUICK CONNECTION

If you could spend the whole day with just one person, who would it be? What would you do?

View All QC Cards

Calendar Events

01 FEB | 12:00 PM
Harmony Overview

02 FEB | 12:00 PM
Inspire Overview

06 FEB | 12:00 PM
Harmony Overview

See More

News & Updates



NEW Out-of-School Time Third Edition

Harmony Lesson Pacing

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Unit 5 Peer Relations April 17 - May 26

Aug. 24 - Sept. 2

Sept. 6 - Oct. 14

Nov. 14 - Jan. 13

Jan. 17 - Feb. 24

Feb. 27 - April 6

April 17 - May 26



September 19-23

Unit 1 - Lesson 1.2

Meet Up

Z Story

TK

Kinder

1st grade

2nd grade

3rd grade

4th grade

5th grade

Lesson Link

TK

Kinder

1st grade

2nd grade

3rd grade

4th grade

5th grade

Buddy Up

Quotes



**MINDSET
OPTIMISTIC**

Professional Learning Opportunities

August 2022

- **Elementary SEL IOI**
- **Everyday Practices**
- **Harmony Training**

2022-2023

- **Anxiety in the Classroom**
- **Breaking Down Meet Up**
- **Teacher Self Care**

Harmony Training Opportunities

Live Online Training

On-Demand Training

Site-Based Training

Elementary SEL Task Force

Elementary Task Force

- **Dr. Dena Sellers**
- **Elementary Principals (3)**
- **Elementary Teachers (3)**
- **Elementary Counselors (7)**



Secondary SEL Task Force

Task Force Goal

Clearly articulate and identify the purpose and goals of incorporating social-emotional learning into secondary instructional minutes.

Meetings

- **Meet quarterly**
- **Build consistency amongst sites**
- **Build off one another's ideas**
- **Open and honest dialogue about effective implementation strategies**

Secondary Task Force Representatives

- **Brian Mercer**
- **Sonia Wilson**
- **Kenny Loo**
- **Heather Chamberlin**
- **Principals (3)**
- **Assistant Principals (7)**
- **Secondary Teachers (9)**
- **Secondary Counselors (12)**
- **School Psychologists (2)**

Secondary Action Plan

Professional Development		
Grade Span	Action	2022 - 2023
MS & HS	Evaluate the effectiveness of the professional development and make adjustments as needed (Survey)	X
MS & HS	Continue to implement the secondary universal student screener to determine next steps with students and professional development (End of each marking period/quarterly)	X
MS	Provide professional development in Second Step for all 6-8 teachers.	X
Communication		
Grade Span	Action	2022 - 2023
MS & HS	Create site committees that implement SEL action plan that includes teachers, counselors, and administration	X
MS & HS	Post SEL information on site websites & highlight at Back to School Night	X
MS & HS	Survey students and teachers at the end of each year to determine next steps for programs, professional development, etc.	X - Teachers
MS & HS	Provide a PD timeline for various stakeholders (admin, counselors, teachers, parents)	X
MS & HS	Provide ongoing communication about SEL in weekly parent/guardian communication and parent meetings (Principal's coffee, Coffee with counselors, SSC, etc SMORE.).	X
MS & HS	Continued partnership with Wellness Center	X

Secondary Action Plan

Resources, Tools, & Services		
Grade Span	Action	2022 - 2023
MS & HS	Provide Tier 1 SEL classroom lessons to students (Hatching Results, Second Step, & Other)	X
MS & HS	Provide Tier 2 targeted intervention for individuals and student groups	
MS & HS	Utilize SEL Screener and modify based on need	X
MS & HS	If needed, consider changing bell schedule for dedicated SEL time	X
MS & HS	Create and disseminate staff and student support flowchart of services for mental health	X
Programs		
Grade Span	Action	2022 - 2023
HS	Identified teacher groups create resource of SEL by subject areas (shared drive including resources such as "Ted Talks" etc..)	X - TOSA
HS	Identify program to purchase or develop. Train staff to implement.	
MS	Determine additional SEL materials needed to supplement Second Step and develop franchised school counseling lessons across gradespans in conjunction with Hatching Results partnership	X
MS	Create scope and sequence for the year by site and district to determine timeline for Second Step and supplemental SEL lesson delivery	X

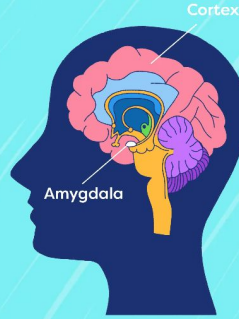
Middle School - Scope and Sequence

Second Step Unit	Unit Theme	Timeline
Unit 1	Mindsets & Goals	Quarter 1
Unit 2	Recognizing Bullying and Harassment	Quarter 2
Unit 3	Thoughts, Emotions & Decisions	Quarter 3
Unit 4	Managing Relationships & Social Conflict	Quarter 4

Thoughts, Emotions & Decisions

In this unit, you'll learn:

- What emotions can tell you
- What happens in your brain when you feel strong emotions
- How strong emotions can affect your decisions
- Ways to manage your emotions



Example Lesson Grade 6 - Unit 3, Lesson 14

Thoughts, Emotions & Decisions

Students learn how to recognize strong emotions and unhelpful thoughts, and they learn to apply strategies for managing their emotions and reducing stress. This unit's content helps students understand that all emotions are valuable because they provide us with information about our environment. Students learn to respond to their emotions in ways that help meet their wants and needs.

The goals of this unit include students being able to:

- Assess when and why they are feeling a strong emotion
- Recognize that all emotions are okay, and that how they decide to respond can have positive or negative impacts on their lives
- Apply a strategy for emotion management that is best for them, based on context

Program Themes

🗨️ Conflicts

😊 Staying Calm

🛡️ Resilience

🧠 Thoughts and Emotions

Pair, Share

Look at the emotions you wrote in the Warm-Up.

- Which ones are pleasant? Unpleasant?
- Why are all emotions important, even the unpleasant ones?
- What kind of information might unpleasant emotions tell us?



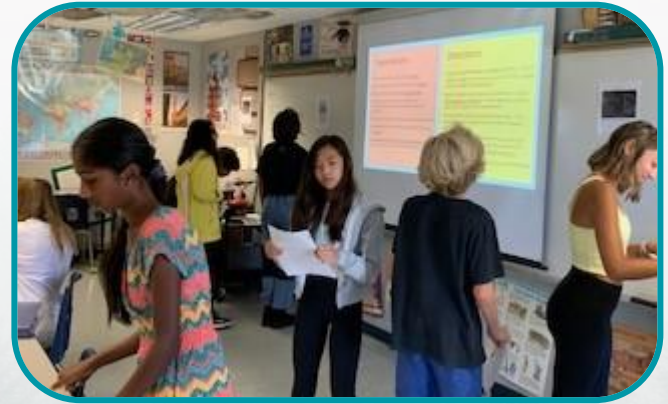
Develops Important Life Skills



Builds Classroom Community



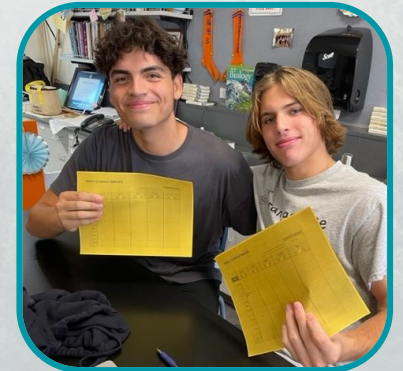
SEL In Action!



Fosters Collaboration

High School - Scope & Sequence

Timeline	Unit Theme
September	Short-term Goal Setting
October	Kindness Matters
November	Gratitude
December	Resiliency
January	Resiliency
February	Healthy Relationships
March	Coping Skills
April	Focus/Refocus
May	Healthy Habits



SEL Opportunities for Secondary Teachers

**Professional
Learning**

**Supplemental
Resources**

**Guest
Teaching**

**UDL
Learning Walks**

**SEL
Walkthroughs**

**Feedback
Surveys**